



## ADDICTION TO PERSONAL HAPPINESS – WITH HORSES



Sam Quinlan is one of the leading developers of Equine Assisted Psychotherapy (EAP) in Britain, a revolutionary American method

of treating drug and alcohol dependency and other problems through working with horses. Equine therapy has been shown to be effective in treating a variety of mental health and human development needs such as behavioral issues,

attention deficit disorder, substance abuse, eating disorders, drug or alcohol abuse, depression, anxiety, anger management, conflict resolution, relationship problems and communication. At STEPPS and LEAP therapy centres, clients suffering from trauma, addiction, eating disorders or any number of psychological problems, work with horses, horse professionals and psychotherapists, building their confidence, self respect and emotional strength, and accelerating their recovery.

### Further Information

Tel: 01452 750 599; [www.stepsrehab.co.uk](http://www.stepsrehab.co.uk)

of onsite massage therapies. Results from the pilot study involving staff at Directline Holidays, identified substantial improvements to alertness and calmness and a more accurate response to tasks requiring sustained attention. Further information Tel: 0845 458 1977; [jason.parlour@therapyagency.co.uk](mailto:jason.parlour@therapyagency.co.uk); [www.therapy-agency.co.uk](http://www.therapy-agency.co.uk); [www.cdr.orf.uk](http://www.cdr.orf.uk)

### IFPA Keeps Name

The International Federation of Professional Aromatherapists (IFPA) has announced that following months of discussions and representations by its members to the Charity Commission, it will not be required to change its name. In The IFPA sought legal advice and has now told that there is no case to answer and they may retain their name. Further information Tel: 01455 637987; [admin@ifparoma.org](mailto:admin@ifparoma.org); [www.ifparoma](http://www.ifparoma)

## The Agenta Group Launch



From October 15th 2006, the company known as Aqua Detox will officially come under the umbrella of a new company called The Agenta Group. With four innovational new products, the Agenta Group will be officially launching at the Professional Beauty Show at GMEX, Manchester and the CAM Expo show at ExCel on October 15th and 16th, 2006.

### True Organix

An Organic skin care range. A reviving foot soak, an invigorating foot scrub with Himalayan salt and an indulgent foot cream.

### Pedi-flex

A top of the range luxury spa chair that will turn a pedicure into a luxury spa experience.

### Relaxya

Relaxya combines colour and sound therapy with aromatherapy and massage.

### Aqua Optix

The Aqua Optix foot spa is a clear foot bath filled with hundreds of LED lights.

### Further Information

Tel: 0845 450 0044; [marketing@aquadetox-int.com](mailto:marketing@aquadetox-int.com)

## Naturally Tasty Toothpaste and Mouthwash!



Jason Natural Cosmetics Toothpastes and Mouthwashes advanced formulas are all natural, non-fluoride, chalk free, power whitening, breath freshening and safe for diabetics.

Jason products come in 4 breath busting flavours:

**PowerSmile** contains three natural whiteners, Silica, Bamboo Powder and Calcium which whiten and polish the surface of your teeth without harsh chemicals or abrasives. It is enriched with exclusive bacteria fighting Perilla Seed Extract.

**Sea Fresh** Biologically active Blue Green Algae, Sea Salts and Trace Minerals cleanse, freshen and soothe gums. It contains Perilla Seed Extract to promote healthy teeth and gums.

**Healthy Mouth** contains certified Organic Tea Tree and Aloe Vera. Perilla Seed Extract aids healthy teeth and gums, while Silica, Bamboo Powder and Calcium whiten teeth naturally.

**NutriSmile** Ester-C helps maintain tooth enamel while also helping to provide daily defence against gum disease and bacterial build-up.

### Further Information

Tel: 08450 725 825; [www.jason-natural.com](http://www.jason-natural.com)

### Massage Therapy

Essentials for Health is a school of Massage and Aromatherapy based in London. Their BTEC Professional Diploma in Holistic Massage Level 4 is at the highest level. The course takes 6 months to complete. Their BTEC Professional Diploma in Sports Massage and Treatment also is level 4. Further information Tel: 0845 1080 088; [www.essentialsforhealth.co.uk](http://www.essentialsforhealth.co.uk)

### Most Potent Antioxidant

Astaxanthin has been found to be the most potent and powerful natural antioxidant. The new Bio-Zanthin supplement is formulated with safflower oils to ensure its maximum potency and >>>

