

Hairstyles Only

YOUR ESSENTIAL STYLE GUIDE

UK £2.60 AUS \$6.95 JUNE/JULY

We are all aware of the damage that sea water does to our hair, but there's a lot to be said about the benefits of crops such as kelp and algae. Ahoy me hearties!

1 Bumble and Bumble South Surf Spray, £10.90. A couple of squirts of this salt-infused styling spray gives your locks fullness and a sexy, wind-blown quality at no cost to the hair's condition. What's more, it contains a salt derivative for texture and algae, while kelp extract keeps a steady moisture balance.

2 Cobella Trouble Shooter Hair Refresh & Restyle Spray, £3.99. The ideal tool for your desk drawer, a spritz of this marine complex spray leaves you with hair that looks and smells freshly washed, as well as providing slight hold and reactivating existing styling products.

3 Matrix Biolage Hydro-Active Hair Masque, £6.25. In just 10 minutes, this mineral-rich moisturiser renews the hair's strength and elasticity and intensifies shine thanks to a botanical complex that contains algae, micro sponges and wheatgerm.

4 Jason Natural Sea Kelp Shampoo, £5.50. Ensure your mane is extra healthy with this organic treat, which contains no sulphates, preservatives, artificial fragrances or colours. Extracts of sea kelp, Hawaiian ginger and orchid help to moisturise and nourish even the most tired locks.

5 Dead Sea Spa Magik Hair Magic Serum, £12.95. This intensive hair formulation combines 21 pure Dead Sea minerals, which have an extraordinary thirst-quenching effect on the hair. Pro-vitamin B5, meanwhile, nourishes locks from root to tip – a great weekly intensive treatment to seal split ends, fight frizz and give body and shine.

6 John Frieda Ocean Waves Sea Spray Texturising Styler, £4.95. Fancy that just-stepped-out-of-the-ocean look when you've really stepped out of the shower? For sexy, tousled, water-wavy styles simply spritz and go!

7 Malki Dead Sea Natural Mineral Shampoo, £7.50. Calm and ease embarrassing itchy, flaky scalps with a treat that contains 100% natural minerals, vegetable oils and water derived from the Dead Sea. Uniquely rich in health-giving minerals such as sulphur, calcium and sodium, your hair and scalp will be left truly nourished.

8 Toni & Guy Insights Shine Addiction Shimmering Silk Shampoo and Conditioner, both £4.49. Containing sea silk extract, a hydrolysed vegetable protein derived from algae, this duo improves the condition of the hair and promotes a gorgeous glossy shine.

9 Phytother BodyRelax Relaxing Hair Bath, £9.75. Leave your scalp feeling refreshed and soothed, while your hair looks soft and shiny, with this ultra-indulgent treat. A blend of special aromatic marine waters claim to increase feelings of pleasure, relaxation and well-being by up to 70% – a must-have for any girl-about-town's bathroom shelf.

10 Phytoplage Hydrating After Sun Mist, £11.50. Use this leave-in moisturiser and shine enhancer on hair weakened by exposure to the sun. The pump-action, spray-on mist contains sugar cane to moisturise and restore gloss, while red algae extract protects the hair fibre and helps to get your locks glowing again.

11 Ice Hair Amplifier Mousse, £6.95. Add body, texture and shine to all hair types with this medium hold volumiser. Containing a cocktail of ingredients, including vitamins and sea kelp to fortify the hair, your tresses will be left feeling super-soft.

12 Richard Ward Deep Impact Sculpting Putty, £3.99. For cuts that demand extra definition, this putty contains Dead Sea mud, rich in minerals to help avoid the stripping effect that other texturisers can have. Add the soothing benefits of almond and the moisturising properties of pumpkin and you have the perfect styler for both short and long 'dos.

13 Paul Mitchell The Masque Intensive Conditioning Treatment, £10.95. Transform stressed tresses with this intensive conditioning treatment, designed to provide therapy for chemically damaged manes. A combination of wheat protein, essential amino acids and aquatic marine ingredients help strengthen and treat hair fibres by working with the protein deep inside the hair shaft.

14 Farmacia Spa Therapy Marine Shampoo, £9. Formulated for gentle cleansing, this 98% natural shampoo contains seaweed extract, rich in amino acids and silica, to revitalise hair and add a glass-like sheen. Perfect for everyday use.



Consulted by Liz Montenegro

SEA Sense



4
JÄSÖN
 PURE, NATURAL & ORGANIC
 Natural Sea Kelp Shampoo
 Hair Moisturizing Shampoo
 No Lauryl Sulfates
 Enriched with Natural Sea Kelp Extracts

5
DEAD SEA SPERMAGIC
 hair magic serum
 Pro-Vitamin for extra shine

7
DEAD SEA
 NATURAL MINERAL SHAMPOO
YARDEN
 J. MALEK PRODUCTS

6
JOHN FRIEDA
 beach blonde
 Ocean Waves sea spray
 to-stylishing styler
 shake-to-apply sea water with light conditioning oils for water-way, tousled tendrils

15
 turnstyle
 beach head sea salt spray
 meersalz-spray
 zeezout spray

11
Dce HAIR
 AMPLIFIER MOUSSE

MITCHELL
 CONDITION
The Masque
 Intensive conditioning treatment
 Tratamiento acondicionador intenso
 Intensiv-Pflege Therapie
 ml e 4.2 fl. oz.

13
FARMACIA
 SPA THERAPY
 MARINE SHAMPOO
 for all hair types 98% NATURAL

12
richard ward
 deep impact scrubbing putty